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Volume 18 Issue 13
March 29 - April 4, 2012

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University Hospitals™ SISTERS of CHARITY HEALTH SYSTEM see page 3

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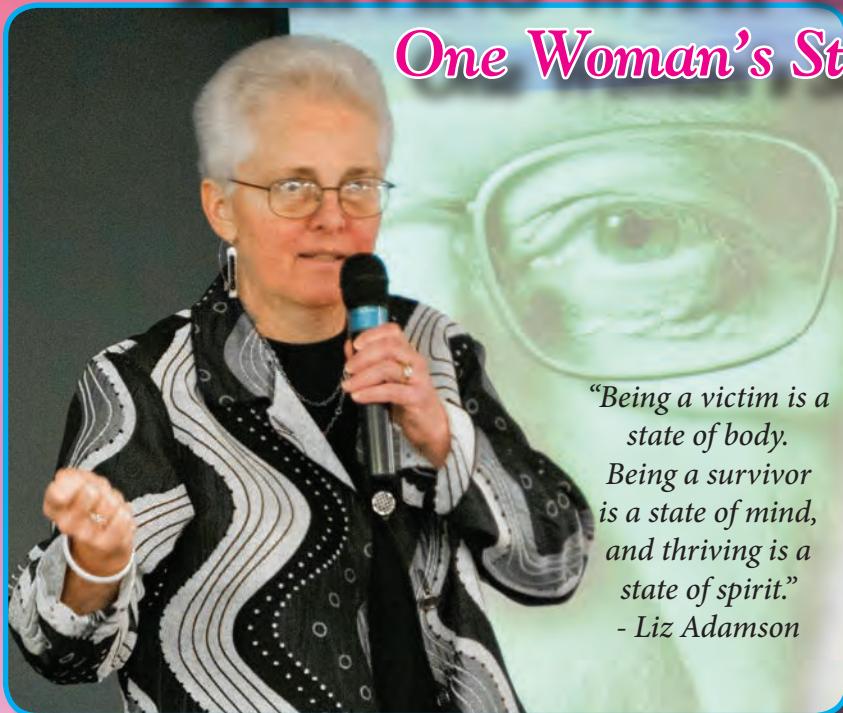
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see Crocker Press pages 3

THRIVING WITH CANCER

One Woman's Story



"Being a victim is a state of body. Being a survivor is a state of mind, and thriving is a state of spirit."
- Liz Adamson

Liz Adamson was given three months to live two years ago!

Since then, this Stage 4 lung cancer patient has lived out a decision to thrive, rather than simply survive, with cancer.

"Being a victim is a state of body," said Liz. "Being a survivor is a state of mind, and thriving is a state of spirit."

Adamson spoke at a St. John Medical Center Diversity luncheon last month. "Liz has chosen to thrive," said Joyce Forristell, SJMC's Breast Health Coordinator, as she introduced Adamson to over 100 medical staff and guests in attendance. "She looks at each day as a new beginning and gift from God."

continued on page 2



Sunny Smile....
Spring has smiled early this year, and little Anna was all sunshine at the annual 'Spring Into Avon' Breakfast with the Easter Bunny at Avon Isle Saturday. Pancakes, face-painting and, of course, an Easter Egg Hunt made it a perfect day to hop into spring at this annual event hosted by the French Creek Development Association.



Freshly painted faces had this group of Avon sisters looking bright as the spring sun at Saturday's 'Spring into Avon' Breakfast with the Easter Bunny.

Home of the Pisanki Easter Egg....



Easter Traditions start at Ceraonka!
See page 2

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THRIVING WITH CANCER: One Woman's Story

continued from page 1

A former teacher and current co-proprietor of the popular Carriage House Bakery in Avon with Barb Anderson, Liz (55) lived a healthy life until 2010 when cancer was diagnosed.

"Since then, I realized that whatever I wanted to do, I needed to do it now. Because it is a gift," she said. "If you want to thrive through cancer, you have to thrive through life."

She shared a story to illustrate her mindset. It's about a happy donkey that fell into a hole. The don-

key's partners, seeing no hope, decided to cover the donkey with dirt. But the donkey kept shaking it off when, once again, its ears, eyes and wonderful smile were freed.

"Cancer was supposed to be my grave," said Liz. "I forced it to be the source of my freedom."

So Liz started writing and teaching again.

Medical Advancements

Liz credits treatment advancements that were not around five years ago; Improved techniques for chemotherapy and radia-

tion therapies, as well as medications that address side-effects.

"This allows you to think about thriving with cancer, rather than surviving with cancer," said Liz. "As long as you can change your mind about being a victim."

Getting Educated

Liz's cancer was first discovered through a mammography. It had spread to her lungs. She refers to the days from diagnosis to prognosis as the "land of in-between."

"You know you have



Liz stands in front of a photo of her doctor, Cathy Graham, Medical Director of the Breast Health Program at St. John Medical Center.

lung cancer, but you don't know how badly. You don't know how scared to be," she said. "You need people who

bring positive vibes and positive feelings."

One thing she learned: Never ask a lung cancer pa-

tient if they were a smoker. "The only reason they ask this question is to blame - this is the last question a lung cancer patient needs to hear," said Liz. "The patient right now needs your support and love, not your blame."

Most who have lung cancer have never smoked, and most who smoke don't have lung cancer.

If you can't get your energies to a good point, don't try to talk to the cancer patient, she advises family and friends. It will just drag them down. Conversely, avoid a Pollyanna attitude. Just stay positive.

"If you can't stay posi-

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Home of the Pisanki Easter Egg... EASTER TRADITIONS START AT CERAMIKA!

Easter traditions start at Ceramika, the original Polish Pottery center located within Westlake's Williamsburg Square.

Owners JoAnne and Rick Holton are celebrating their first anniversary at this scintillating resource featuring heirlooms for the next generation.

From hand-painted stoneware to seasonally significant traditional wooden Easter eggs, Ceramika serves clients nation-wide. The famed Pisanki Easter Eggs are now in stock!

The Ceramika store at 25895 Detroit Road is a

wonderful opportunity for local shoppers to enjoy this world renowned artistry.

"This began with 10 pieces on our dining room table a decade ago," said JoAnn. "We opened the shop at Williamsburg Square because our inventory surpassing 15,000 pieces made it necessary to grow. This shop replicates the factory shops in Poland where our pieces originate."

Famous Pisanki Easter Eggs are in the store now, back by popular demand. These hand-painted wooden eggs are the creation of cottage industry that brought international at-

tention to the small Polish village of their origination. The Pisanki eggs are hand-painted and hung in burlap bags outside the homes of the artisans for local Polish distributors to collect. "You have many families painting these eggs all year long gearing up for the Easter season," said Rick.

continued on page 9



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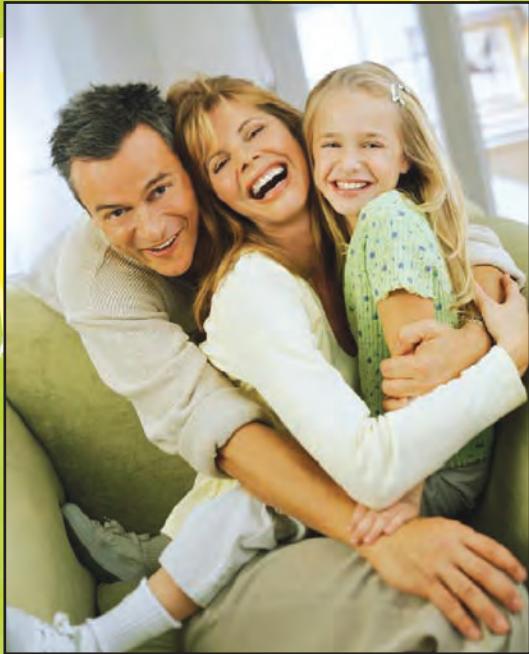
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Louis J. Malcmacher, DDS MAGD
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New Screening For Springtime...

It is great to be reminded once again that there is a sun in the sky after a few dark winter months that we have experienced here in Cleveland. It is great that springtime is finally here. There is certainly a sense of renewal and familiarity with this time of year that just feels so good to all of us.



As we come upon the various holiday seasons at this time of year, it's also a time to recount and remember what we have been doing in the past and make plans for the future. So, I figure this is a perfect time to go back to basics with your dental visits and talk about one of the most important things that happen in the dental office - the dental examination that you get when you visit your dentist or hygienist.

By far, one of the most important facets to the dentist is when they do a complete examination of not just your teeth, but also all of the soft tissue structures in your mouth, including your tongue, cheeks, gums and lips. This is all pretty much standard in every examination that dentists give to their patients. I would probably say that checking your teeth is the easiest part, as we can have a really good idea of what is happening just by a visual examination and also with x-rays. One of the most important aspects of every dental examination, and certainly the most life-saving is an examination and screening for oral cancer. We were just reminded of this when a patient recently came in with an ugly looking ulcer under the tongue, which was indeed oral cancer. Like any cancer, if oral cancer is caught early, then there are much less severe com-

plications. If left to grow, oral cancer can be a deadly. What most people don't know is that oral cancer is more common than melanoma, lymphoma, the Hodgkin diseases, and many other disease, which are more familiar.

There are a few new screening devices for oral cancer and it is crucial that you ask your dentist if they have checked you for oral cancer and if they have a screening device in their office. We have been screening patients for oral cancer for the last few years and one thing I can assure you, if your dentist doesn't screen you for oral cancer, no other health care

professional will. A good dental examination is the basis for any treatment that any you should be having. I call it taking inventory in patients' mouths - if I don't know what they have and what is good about someone's mouth, then I have no idea what we can build on top of it so that they can have a long, lasting, beautiful and healthy smile.

For a free consultation or just to come in to talk to us about any of your dental needs, please call us at 440-892-1810 today. We are here to help you smile.



**Margie T. Karl
KARL & SMITH
Attorneys at Law**

Estate Planning and Elder Law

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email: Karlsmithlawyers@gmail.com

3rd Annual Green Fest, North Ridgeville

North Ridgeville will hold their 3rd annual Green Fest at North Ridgeville's South Central Park on April 28, at 10 a.m. - 2 p.m. This is a FREE event open to the public. This year they are hosting a Recycle Reward Raffle program. Items for recycling are: eye glasses, pop-tabs, old towels, and old cell phones. Please check out their website www.nrgreenfest.org for further items. If you bring an item for the recycle drive receive a raffle ticket for a chance to win an item from one of a great vendors: American Greetings, Natures Bin, Local CSA farmers, local girl scout troops, United States EPA, and Allied Waste our a few of the great sponsors and vendors participating this year's Green Fest.

**Avon-On-The-Lake Garden Club
Learns About Sundials**

Avon-on-the-Lake Garden Club will meet Wed, April 4 at noon in the Avon Lake Public Library's Gallery, 32694 Electric Blvd., Avon Lake. Chet Roberts will present "The History of Sundials". His presentation includes both the history and the production process. For information call 440-937-4331

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The Villager welcomes letters to the Editor as well as news items. Please send all information by e-mail or typed. You must include your name, address, phone number and signature for verification. All items should be sent to: The Villager, 27016 Knickerbocker Rd., Suite #1, Bay Village, OH 44140

The Publisher is privileged to revise or reject any advertisement which is deemed objectionable, either in subject matter or phraseology, or opposed to public policy or the policy of the paper. The Publisher shall not be held responsible for typographical errors except to adjust the charge for the first insertion only, by a space credit (in excess of contract) to be used the following issue. Errors must be reported immediately and space credit will be limited to such portion of advertisement as may have been rendered valueless by the error. Please check your advertisement and in the event of error notify the paper. The Publisher will, upon request, furnish Advertiser with a letter so worded as to relieve the Advertiser from responsibility for the error. The Publisher does not assume responsibility for an error in an advertisement other than the above stated.

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THRIVING WITH CANCER: One Woman's Story

continued from page 2

tive about cancer, you can't stay positive about life," said Liz, who avoids things like TV news to stay away from the negative emotions of the world.

A Parable

Liz Adamson likens her mental battle with cancer to an American Indian parable of two wolves fighting. One wolf is kind and caring. The other wolf is cruel and pessimistic. The eternal question: Which one wins?

"It depends on the one you feed," said Liz. "I have to make sure I am feeding the good wolf."

Support

Emotional and spiritual support is essential to the thriving attitude

"I love you and I'll support you on your journey," said Liz of the care she has received through the office of her physician, Dr. Cathy Graham.

"That message meant the most to me," said Liz. "They have kept me alive by loving me. Yes, you can keep people alive by loving them."

Dr. Graham is Medical Director of the Breast Health Program at St. John Medical Center.

Faith

Cancer is a test of faith. "This is life," said Liz about the illness. "God will help me along the way. I do not believe God gave me cancer."

"I have been given a gift. Time," said Liz. "Cancer is not like a sudden heart attack or being hit by a car."

The Downside

"When you say 'yes' to the chemotherapy, you are saying 'yes' allowing doctors and nurses to flood poison into your system. I have never been so sick. But it is a decision you have to make if you want to live," said Liz.

Death, she said, is something to be discussed, not avoided. "It is not a bad thing to begin to talk about," she said. You can say you are scared of dying, but it is your loved ones who will have to watch you die.

"It's better to talk about it than not at all. Please let

people talk about death," said Liz. "It is just a change of address.

"You have the opportunity and gift to think about what happens after you leave this life."

Cancer brought Liz to a realization. "I am not my

body," she said.

Staying on top

Approach the pressures of life and treatment decisions on a day to day basis.

"You need to be an eagle. Fly above the fray," she said. "I have to look at my situation and decide what is

Page 5 - THE VILLAGER - March 29 - April 4, 2012 best for me at the time."

"Live in the now," said Liz. "It is really true, but hard to do."

Liz finds moderate exercise like walking, simplified Tai Chi/ Qui Gong and formative fitness helpful.

She schedules a "crazy, squirrely hour" when she can release pent up emo-

tions at a prescribed time. Knowing that 'crazy hour' is coming can help you stay level until you can let go.

"I am not afraid of death. Dying is another step," said Liz. "But I don't have to die from now until then. I want to die when the day comes."

continued on page 8

Care for a woman throughout the **CYCLES** of her life.



Amanda Ferry, MD, and Elizabeth Brandewie, MD

Edwina Simmons, MD

Jeff Christian, MD

Amanda Ferry, MD

Elizabeth Brandewie, MD

Lourdes Falconi, MD

Westshore Women's Health grows to better meet the needs of our community. Their growth includes the addition of two new board-certified OB/GYNs – Amanda Ferry, MD, and Elizabeth Brandewie, MD, FACOG.

Westshore Women's Health is committed to provide comprehensive care to women with a holistic approach that includes physical, emotional and spiritual health. A health care team of physicians, midwives, nurses, breast health care specialists, nutritionists and physical therapists is dedicated to meeting the unique challenges of women today.



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in partnership with St. John Medical Center



Sr. Kendra Bottoms, SJMC Pastoral Care, Liz Adamson, Lydia Gadd, Director SJMC Community Outreach, and Joyce Forristell, SJMC Breast Health Coordinator.

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Celebrating a Year of Caring...

Each of us has the power to make a difference. We have the capacity to help meet the needs of the poor, the hungry, the homeless, the sick, and others who share this world with us, to build a little bit of heaven in the world.

Community West Foundation shared \$5.5 million in grant funding in 2011 with the community, allowing thousands to make a new start. Being homeless or poor means having to choose between necessities as food, rent, medicine or a warm place to sleep.



Providence House



Neighborhood Alliance



Second Harvest Food Bank of North Central Ohio



Lutheran Metropolitan Ministry's 2100 Lakeside Emergency Homeless Shelter



St. Paul's Community Church

There is hope in the resilience of the human spirit. We find inspiration in the agencies that address so many critical human care needs.

Celebrating a Year of Sharing...

During a year in when many could have reduced charitable giving, Community West Foundation witnessed increased contributions.

"We achieved a new milestone in grantmaking by directing more dollars than ever toward community needs.

"Planned gifts offer a special opportunity to support the charities you care about, and we appreciate the many donors who have entrusted us with their legacy gifts."

"Our legacy society members are providing significant planned gifts, including life insurance, another excellent charitable vehicle to support our community."

- David J. Hessler, Esq., Immediate Former Past Chair of the Board of Trustees, Community West Foundation

Caring for Our Community Through Grant Funding...

"In 2011, Community West Foundation shared \$5,517,949 in grants; \$3,408,685 with the community, and \$2,109,264 to Fairview and Lutheran Hospitals.

"Because our work has gained more visibility, it has appealed to the hearts and imaginations of more and more people who contributed \$11,696,127 in 2011 - an all time high for our organization.

"Our donor advised funds have been met with increased interest and enthusiasm, and our family of funds has grown to fifty-five."

- David T. Dombrowiak, President and CEO Community West Foundation

This year, Community West Foundation witnessed incredible participation in Donor Advised Funds, and 55 account holders were responsible for almost \$2 million in grants directly benefiting a wide variety of charitable organizations and initiatives.

The growth in our Donor Advised Funds is a wonderful confirmation that our Community West Foundation's efforts to increase both the spirit and practice of philanthropic giving are working.



Cleveland Foodbank

Community West Foundation awarded a \$100,000 matching grant to the Cleveland Foodbank to help their 2011 children's summer program. With Dr. Ted Castele's spirited appeals on television and radio, this partnership raised nearly \$800,000 to nourish families with hungry children, an astonishing one in four in our community.



"A Donor Advised Fund at Community West Foundation is like having your own personal foundation to support your favorite causes, but without all of the work. The process is very simple and makes giving efficient, effective and flexible."

- Harry and Sharon Zilli



"You can help make an impact on the lives of those in need right here in our community through a Donor Advised Fund at Community West Foundation. Donor Advised Funds are easy to create; they provide generous tax savings, and offer the peace of mind that comes with knowing your charitable goals are met."

- Mrs. Lois and Dr. James Magisano

With one Donor Advised Fund, you can contribute to multiple causes and organizations you care about.

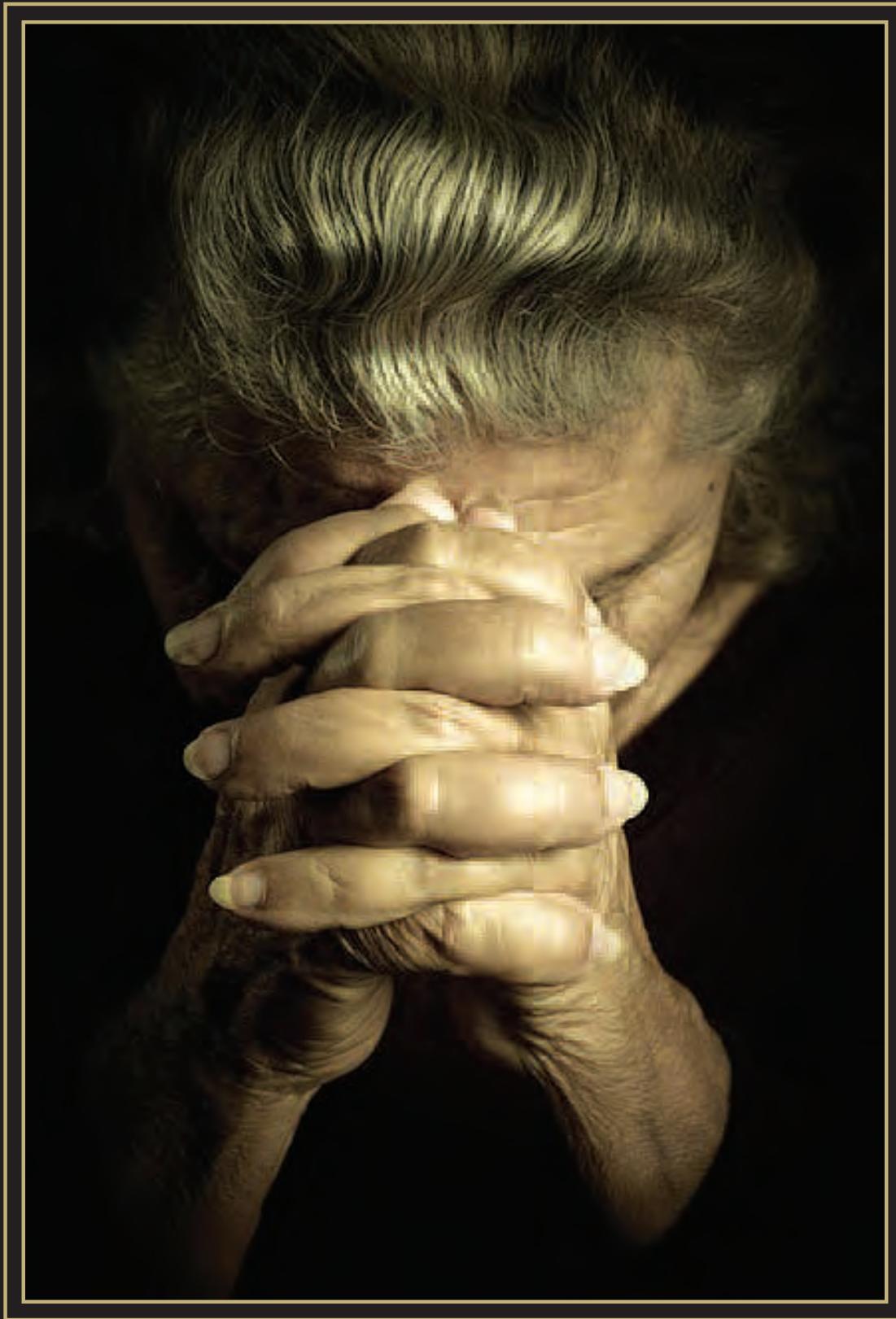
A donor advised fund at Community West Foundation is simple to establish. It is similar to having a private foundation, without the administrative work and expensive set up costs.

A donor advised fund allows you to make a gift to the Foundation, receive an immediate tax deduction and recommend grants to charities that you wish to support.

Community West Foundation takes care of all the administrative and grant making activities.

To learn more about the Community West Foundation call 216-476-7060 or visit www.communitywestfoundation.org

Your Donor Advised Fund Can be the Answer to Someone's Prayers



You Can Be the Answer to Someone's Prayers

Each of us has the power to answer someone's prayers. Helping others through philanthropy can take many forms, and whatever your gift – large or small, time or treasure – there is an opportunity to help.

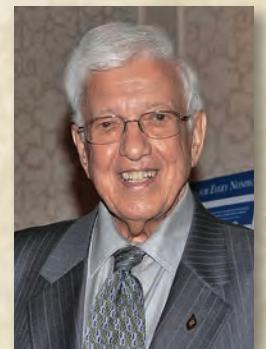
A creative way to arrange a gift is through a donor advised fund at Community West Foundation – an easy, effective tax efficient vehicle that helps you manage and carry out your charitable giving.

You may want to give back to the community, share your philanthropic values with your children or create a highly organized center for all your gifting activities. A donor advised fund provides all of this and more so that you can focus your time and energy on making a difference.

In 2011, the holders of the 55 Donor Advised Funds at the Community West Foundation showed incredible generosity in making gifts that totaled \$2,000,000.00 to 83 agencies. Their commitment and concern inspires us all!

Why We Love Our Donor Advised Funds

*Dr. Ted Castele,
MD, FACR
Retired Radiologist,
Lutheran Hospital
Community West Foundation
Chair Emeritus*



"A Donor Advised Fund is a great way to distribute funds for local needs and it's an ideal resource for family giving. The entire Castele family is involved and we gather around and decide what charities we want to support."



*Martin J. Uhle
Community West Foundation
Board of Directors*

"It is so rewarding to give something back to the local community and to see fantastic results.

"It's no wonder that Donor Advised Funds are becoming the charitable giving vehicle for so many people in our community."



www.communitywestfoundation.org

216-476-7060

THRIVING WITH CANCER: One Woman's Story

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Turn it over to God

Liz has turned things over to God, but with a twist. She extends a book to an audience member. Most people conceptualize the idea as an exchange that hands everything over to God.

Liz instead turns the book over and looks at it from the other side.

"Look at it from a different perspective," she said. "Turn it over to God by looking at it from the other side. It is the side God looks at it from."

That idea has allowed Liz to see what she has, rather than what she lost. No, she can't ride her beloved motorcycle anymore. But she can devote more time to teaching, writing and making presentations like this one at the St. John Medical Center Diversity lunch.

Liz has done extensive research and writing in support of cancer patients and families. Please visit www.lizadamsonencore.com

"Because in the end, it's not the years in a life, it's the life in the years."

Hilliard Raises Over \$2,300 for Harvest For Hunger

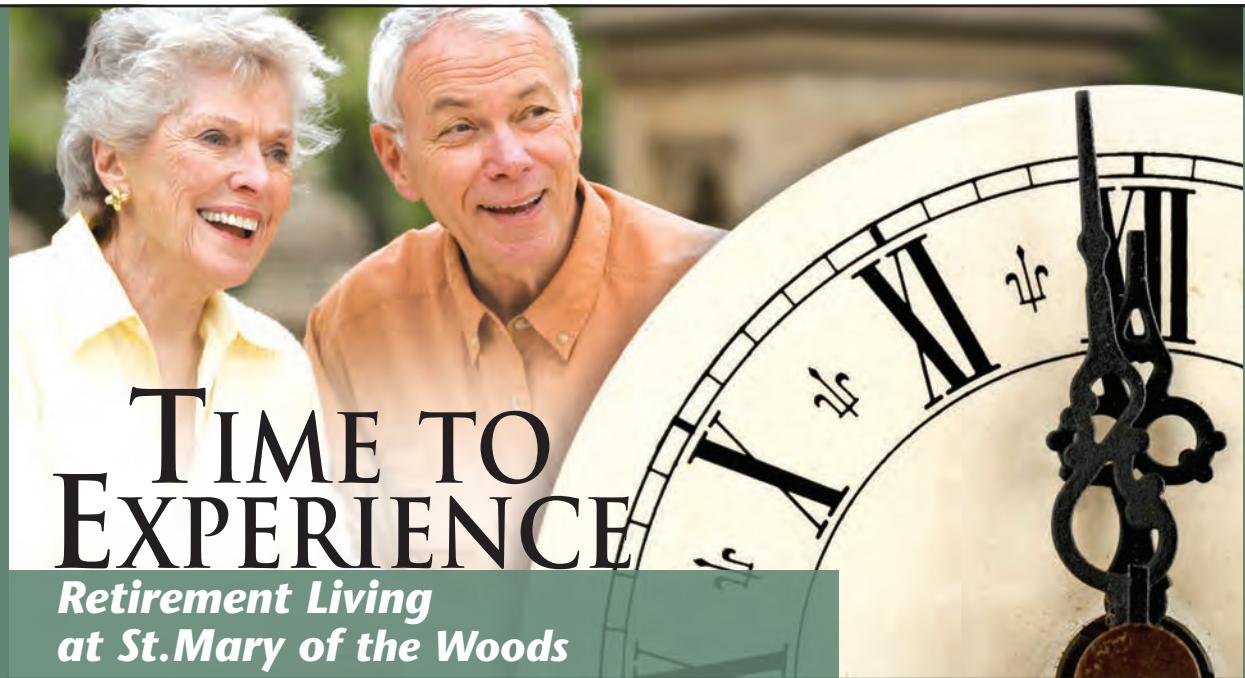
Hilliard Elementary School students and staff raised \$2,375.78 and 170 pounds of food during the school's 10th consecutive Harvest for Hunger campaign.

The school raised enough money to buy 9,503 meals. Because the school reached its goal of \$1,500, students will be rewarded

with a pajama day and sustained silent reading in a room of their choice.

Since 2002, Hilliard has collected \$31,198.54 and 3,304 pounds of food.

The Harvest for Hunger campaign at Hilliard Elementary was organized by intervention specialist Kathy Nash and second-grade teacher Jane Zellers.



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**Home of the Pisanki
Easter Egg....
Easter Traditions
Start at Ceramika!**

continued from page 2

Tradition calls for these eggs to be exchanged among relatives and friends each Easter season. Other great Easter, spring and seasonal items are in stock now at Ceramika! The intricately painted Easter baskets that are signed by the artist are truly one of a kind and a must see.

The history of Polish Stoneware originated as folk art in the early 1800's in the German province of Silesia. Today, the Ceramika Artystyczna factory continues the tradition. As United States distributors of these sought-after items, JoAnn and Rick Holton make frequent trips to out-of-town distribution centers to fill the regional needs for these links to old country traditions still valued today. They now serve over 300 kitchen/gourmet shops throughout the United States.

The entire inventory at Ceramika carries the characteristic styling that adds to the compelling traditions of the art form. Every hand-painted piece, from tableware to serving dishes and place settings, captures the emotions of the artists hand at the moment of its creation. Each pattern holds subtle variations that make each piece a unique creation and an heirloom for the next generation. Ceramika Polish Pottery now offers an extensive Bridal Registry and special orders upon request.

Ceramika is located within Westlake's Williamsburg Square at 25895 Detroit Road. Please phone (440) 899-7646.



**Living "Lord's Supper" Drama
at Church on the Rise, Westlake**

Church on the Rise, 3550 Crocker Road in Westlake will hold a LIVE Living Lord's Supper Drama on Wed. April 4, at 7 p.m. and Good Friday, April 6, at 7 p.m. Resurrection Sunday Services and an Easter Egg Hunt for Children will be held, Sun., April 8 at 9:15 a.m. & 11 a.m. For more information, please call the church office at 440-808-0200.

"Quilts" Exhibit at Rose Hill Museum, Bay Village

"Quilts," a collection dating from 1860 to 1950, is the opening 2012 exhibit at Rose Hill Museum in Bay Village. "Quilts are works of art," Rose Hill Museum Director Janet Zvara said. "Quilting is a very old craft dating back to the time of the Crusades. Admission to the exhibit of handmade vintage quilts is free and open to the public every Sunday from 2 p.m. to 4:30 p.m. beginning Apr. 15. The exhibit also includes quilting demonstrations.

The adjacent Reuben Osborn Learning Center features, "Then and Now," an exhibit on early settlers to the area. Other events sponsored by the Bay Village Historical Society are the annual Victorian Tea Party at Dwyer Center of Apr. 21, 2 p.m., and the "Cahoon in June" crafts and collectibles fair on June 16, 9 a.m. to 4 p.m. Rose Hill Museum is at 27715 Lake Rd. in Bay Village. Phone 440-871-7338, or visit www.bayhistorical.com for information.

**Don Ramon Westlake....
Welcome Amigos! Happy Easter!
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Meet Me in St. Louis....

At the NCAA Div. I Wrestling Championships

Northeast Ohio is well-known as a hotbed of amateur wrestling.

A trip to St. Louis for the 2012 NCAA Div. I Championships two weeks ago highlights the extent of northeast Ohio's influence on the sport everywhere you go.

Headlining the news is the NCAA individual title won by Ohio State University freshman Logan Stieber from Monroeville.

"He is one of those guys who the more you are around him, the more you believe anything is possible," said Buckeye head coach Tom Ryan after Stieber beat returning champ Jordan Oliver of Oklahoma State for the title. "People who believe anything is possible, believe more than anything is possible. He has been at it for a long time. That championship wasn't about two weeks of preparation for Jordan Oliver, it was about a lifetime, a lifetime of preparation for that moment. I am so proud of him and am happy for his family, his community and Buckeye Nation."

"He did a lot of things coach (Lou) Rosselli and our staff have worked on with him," continued Ryan. "He learned from his high school coaches and club program, it all came together here. This was a nearly perfect match."

Four other OSU teammates earned all-America honors, including fellow Monroeville grads Hunter Stieber, Cam Tessari and, from Massillon Perry, Nick Heflin.

Another Ohio product, David Taylor of St. Paris Graham, won this year's Hodge Award, wrestling's equivalent of the Heisman Trophy. He is part of the national champion Penn State team.

Did you know that the head coaches of three Big 10 teams are west shore area high school grads? Jim Heffernan, a two time state champ at St. Edward High, four-time collegiate All-America and an NCAA titlist at Iowa, is head coach

University of Illinois.

Joe McFarland, two time state champ from North Olmsted and two time NCAA runner up, is head coach University of Michigan. His star wrestler, Kellen Russell (141 pounds) won his second straight NCAA title this year and is a 4-time Big 10 champ.

Drew Pariano, a Fairview High grad and three time state champ under high school coach Clay Burkhard, is in his second season as head coach at Northwestern. He was twice the OHSAA Outstanding Wrestler award winner in high school and a collegiate All-America at Northwestern.

Kyle Dake of Cornell earned his third straight NCAA title as a junior this year at 157 pounds. He is the first wrestler in NCAA history to win an individual title in three different weight classes (141, 149 and 157 pounds). He is the son of Westlake High grad Doug Dake, who was a state champ for the Demons in 1980 and went on to earn all-America honors at Kent State University. Doug is a veteran wrestling coach and teacher at Lansing High in New York State.

Chris Honeycutt, a St. Ed grad and NCAA runner-up at 197 pounds this year, netted a special award at this year's NCAA Championship. He and Buffalo's Mark Lewandowski were honored for most technical falls in the tournament. A two-time All-America and two-time Eastern Wrestling League champ, Honeycutt wrapped up his senior season at Edinboro this year and plans to enter MMA competition.

For Ohio State, freshmen Cam Tessari 4th, Hunter Stieber 5th and Heflin 5th joined Logan Stieber on the podium, giving the Bucks four All-Americans. "In the history of Ohio State wrestling we have only had six freshman place in all the years and this year we had three. The future is bright, let's get a title tonight and it will all be good," said Ohio State head coach Ryan just before Logan took to the mat for his finals win.

Other Ohio AAs were Kent State Nic Bedlyon, 6th at 125 pounds, Wisconsin's Ben Jordan (from St. Paris Graham) 7th at 174 and Ohio University heavy-weight Jeremy Johnson, a Brecksville High grad.

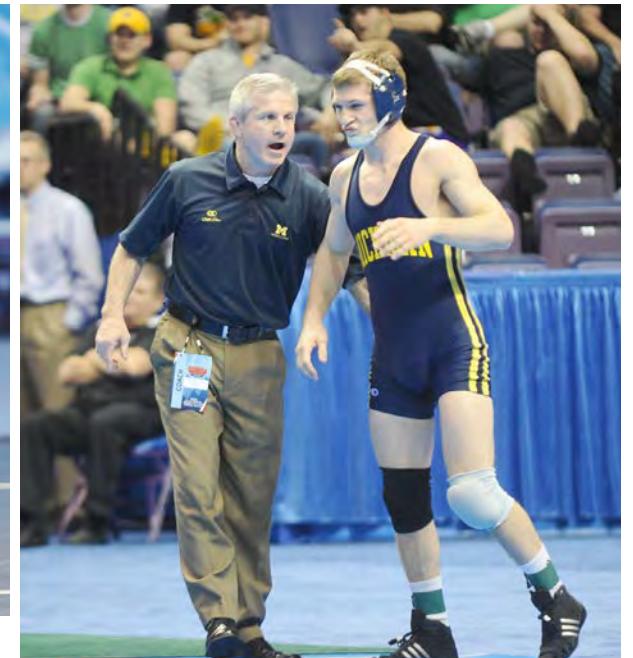


Logan Stieber, NCAA Champ

Logan Stieber concluded a spectacular year at Ohio State by defeating returning Div. 1 133-pound champ Jordan Oliver of Oklahoma State in the NCAA finals, 4-3 two weeks ago. Stieber also won the Big 10 title this season at 133 pounds.



Kent State's Nic Bedlyon scores at takedown at the NCAA championships. Bedlyon AA'd for the Flashes.



Joe McFarland, North Olmsted High grad and veteran Michigan head wrestling coach at last week's NCAA championships



David Taylor, the Ohio great who was a four-time state champ at St. Paris Graham, took home the Outstanding Wrestler Award at this year's NCAA's after cruising to an individual title at 165 pounds for his national championship Penn State team. A week later, Taylor was named as winner of the 2012 Hodge Award, college wrestling's top honor, the sport's equivalent to the Heisman Trophy

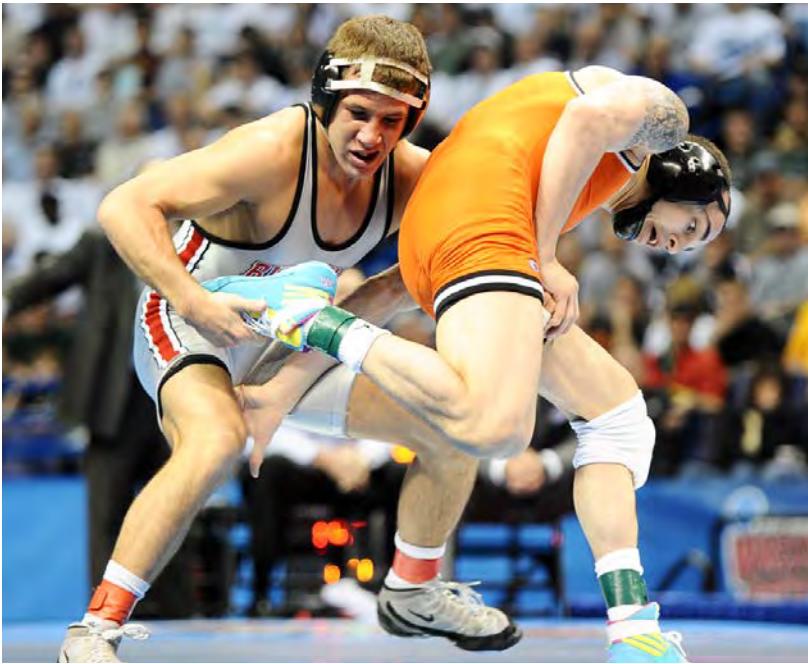


Cam Tessari, freshman All-America from Ohio State University and Monroeville.



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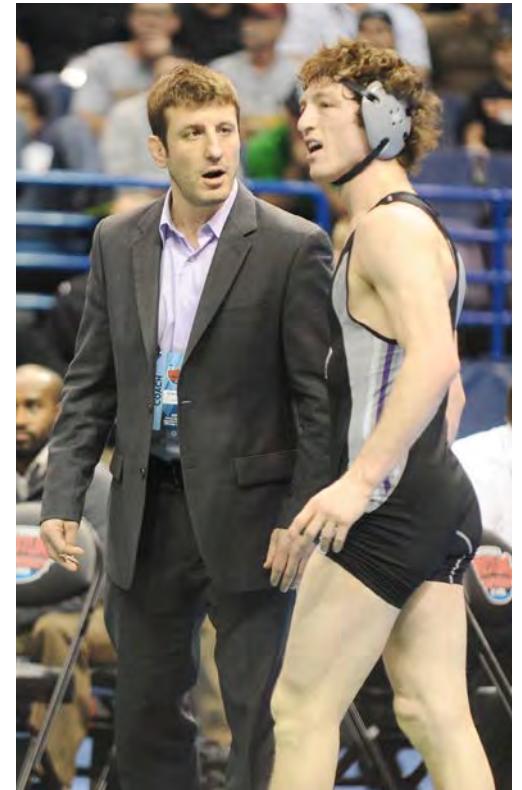
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Ohio State's Logan Stieber controls Jordan Oliver of Oklahoma State en route to his 133 NCAA title match win.



Jim Heffernan – the St. Ed grad is now head coach at Illinois



Drew Pariano, a Fairview High grad and now head coach at Northwestern with Jason Welch, All-American.



Chris Honeycutt, St. Ed grad and Edinboro University wrestler, with Buffalo's Mark Lewandowski. The two were honored for most technical falls at this year's NCAA wrestling championships.



Cornell's Kyle Dake with his dad, Doug Dake, a Westlake High state wrestling champ in 1980



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"Create Your Own Search" is an exclusive feature to Ohio Family Realty's website. Without having to submit any personal information, such as name, address, or phone number, a person enters their search criteria for their desired home just one time. After this information is entered, sit back and relax while your home finds you. You can change your search criteria at any time. Based on the criteria selected, the computer will search for matching homes for four months.

Traditional real estate websites simply do not offer the same unique search criteria that the "Create Your Own Search" does. With this custom search, a broad range of criteria can be chosen; from finished basement or garage size, to first floor master bedroom, brick exterior, or school district. If a house comes up that you do not like, simply delete it. When you find a home that you like, call Ohio Family Realty to make arrangements to see it.

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